

The name "Transformations" says it all for me personally. That is exactly what has happened in my life over the last year. My ~~my~~ mind has been renewed, filled with new knowledge of how to properly behave/act. I think differently, and as a result, my heart has been transformed.

Today, I understand the choices before me. I can, and will, choose those choices that lead to the consequences that I desire in my life, and ultimately, for those around me. I fully understand and take responsibility for my past actions, and take responsibility with the same fervor of my future. This has been a growing experience for me, personally, and I can take my past experience to help/benefit ~~those~~ others in the present and future. I will end with a grateful "Thank You" for this class.