

## Transformations

I came here to Transformations thinking I was being punished for something I didn't do. My exwife found it funny thinking she really got me good this time. But what I seen as a curse turn out to be a blessing. Transformations has been life changing. I now know why I had anger and why I treated others so wrong, I also found forgiveness and was able to forgive. Anger was keeping me from a life of happiness, peace and joy. My time here has gave me the tools to be a better person. It's been a blessing to make new friends to share my life's story. And to hear my fellow classmates stories. Thank you all for showing me I wasn't the only one with problems. I truly learnt something from each of you. I learnt anyone can change if they truly want to. Thank you Debbie for being a great teacher and for given me the tools to be a better person that I can use the rest of my life. I will miss ~~met~~ ~~of~~ my class mates, It's my hope that each person that come through here will receive what I did from the class. And can change make the world a little bit better place to live in. I want to wish you all well and may God bless each one of you.