

8-2-12

It has been a long 52 weeks. Its hard to believe that I've finally reached the end of this. When I first started I honestly didn't believe I would get through it. It seemed to much for me to handle and I felt I was fighting a losing battle. When I caught my charge I was so strung out on drugs I did not have anything left. I had lost my car, my partner, my house and even my child. After starting this class things got even worse. I continued to make very poor choices. Through the course of these classes I started to learn how to control my anger and how to treat people better. One particular class I remember is the "dart" class. It really hit home for me. I realized the affects on people by the way I treated them. I left so many holes in the people that I loved the most. I knew I had to make some changes. I'm thankful to have learned better communication skills in this class. Over the last several months I feel I have made have leaps and bounds I'm so thankful to be almost 9 months sober, I've bought a car, I'm going to school, ~~and~~ I'm about to get my son back and I get off probation next week. All things I once felt I'd never ~~have~~ would have. This class has help me find my self power. I've taken control of my life and the results I want. I ~~set~~ my future. My best advice to others is to ~~be~~ open to learn different ways to handle things. You never know how it might change your life.